



Intimate Care and Toileting Policy and Procedures

Policy Statement

- No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.
- We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained. Parents are asked to provide their own nappies and wipes.
- We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.
- We will work with parents/carers to promote toilet training unless there are medical reasons why this is not appropriate.
- Where learners are not able to be fully continent, we will ensure that a care plan is written to ensure their needs are clarified and met.

Safeguarding

- All staff are DBS checked in accordance with the safer recruitment and child protection policies.
- If staff have any concerns, such as noticing bruising or marks, when changing a child, they will follow normal safeguarding reporting procedures.
- Students and volunteers are not permitted to change children.

Procedures

- We have a changing station in room 3 that can be used. In the event a member of staff changes a child in this room they must make other staff aware they are changing a child in room 3. The stations are at adult working height and staff assist children to climb the steps. Our changing areas are warm, with no bright lights shining down into children's eyes. Each child's bag is collected before changing nappies so that their nappies, pull-ups and changing wipes are close to hand.
- A changing mat is also available for staff to change children at floor level in room 2 if children do not feel comfortable climbing on to the changing station.
- Changes of wet clothes can be done in the cubicles or in the cloakroom as long as children can still maintain some modesty and privacy.
- Key workers are aware of the young children in their care who are in nappies or 'pull-ups' and those children who have occasional accidents.
- Nursery team exercise respect at all times and will ask a child if they can check their nappy and change it.

- Nursery team are aware of children that can be anxious about nappy changing, and will implement appropriate measures to ensure the child feels safe and secure.
- Our staff put on gloves before changing starts and the areas are prepared. New gloves are used each time a new child is changed.
- All our staff are familiar with good hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing station.
- We are gentle when changing; we do not pull faces or make negative comments about 'nappy contents'.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children. Adults will talk to the children as they change them.
- We encourage children to take an interest in using the toilet, and will support them in learning the routines.
- We encourage and expect children to wash their hands, and have soap and towels to hand.
- Children access the toilet when they have the need to and are encouraged to be independent.
- Soiled or wet nappies or 'pull-ups' are put in a nappy bag and then placed in an appropriate nappy disposal bin.

To be read in conjunction with:

- Safeguarding Policy

Reviewed by:	Next review date
Tatyanna Antoine Headteacher April 2024	April 2026